בס"ד

TORAH STUDIES

SEASON ONE
2011-2012

Join Chabad of Fairfax
each THURSDAY 7:45-9:00 p.m.

1 November 3

ROADMAP TO LIFE
A Tale of 3 Brothers and 3 Civilizations

Find *your* approach in life! Are you aesthetical—cherishing beautiful things, or more corporeal—passionate and driven to achieve material success?

2 November 10

RECLAIMING THE LOVE
How Good Relationships Get Even Better

Examine the lives of Abraham and Sarah, in search of a biblical paradigm for relationships that mature and improve with time.

3 November 17

MOVING FORWARD WITHOUT LOOKING BACK
The Secret of Constructive Jewish Guilt

Find equilibrium between drive and restraint, to remain motivated without being compulsive.

4 December 1

SHALL I COMPARE THEE TO A SUMMER'S DAY?
Love, Marriage, and the Cycle of Time

Examine the psychological parallels of morning, dusk, and evening, to unlock secrets of human behavior that produce consistency in our loving relationships.

5 December 8

THE NONCONFORMIST
Parents' Nightmare or Future Leader?

Discover the leader in the rebel, and uncover the unique strength in people who are often labeled as outcasts.

6 December 15

I, LOVE, AND YOU
When Love is Not About the Lover

Learn to become a better — and more content — lover with an approach that focuses on the one you love, emphasizing the "you" over the "I."

7 December 22

WHO AM I?
How to Be You Amidst Social Pressure

Instead of following the herd, become a leader. Gain a competitive social advantage by developing your unique inner strengths and capabilities.

For more information:
Please Call 703-426-1980
WWW.CHABADVA.ORG

8 January 5

MOTIVATION 101
How to Get Things Moving When Novelty Fades

Explore ways to enrich everyday life, with a skill-set to find excitement in even the driest of times.

9 January 12

WHAT IS BEAUTIFUL?
The Spiritual Science of Intrinsic Attraction

Uncover the essence of what makes things beautiful and why the Maccabees so opposed the Greek Hellenist approach.

10 January 19

SOLD OR SENT?
A Biblical Tale of Narrative Therapy

When the world crumbles around you, find the willpower and courage to repair instead of despair.

11 January 26

EMBRACE YOUR PAST
The Dynamics of Spiritual Time Travel

You can't change the past, but you can learn to transform past mistakes into an impetus for driving future success.